What is Hope and where does it come from? Well the bible teaches in **Hebrews 11:1 (AMPC)**

11 Now **faith is the assurance** (the confirmation, [a]the title deed) **of the things [we] hope** for, being the proof of things [we] do not see *and* the conviction of their reality [faith perceiving as real fact what is not revealed to the senses].

So, in God's economy hope comes from faith. As for where faith comes from, we know that it comes from trusting God to keep His word. This is why to claim the things we hope for and believe are ours out loud in prayer from God's words in agreement with His promises is a great and powerful place to start off the New Year. In our 88 Days of Hope we will search God's word to gain the blessings He wants to give us and the hope we have in Him in our prayers.

Mathew encourages this when he says: Matthew 7:7-8 (NIV)

- ⁷ "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. ⁸ For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. And in Romans 10:17 (NIV)
- ¹⁷ Consequently, *faith comes from hearing the message*, and the message is heard through the word about Christ.

Hope of Building Unwavering Trust in God

Day 1) Psalm 62:8 (NIV)

⁸ Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

Prayer idea: Thank you God that you are my refuge and help at all times. I trust you Lord in your timing and provisions.

Day 2) Luke 18:17

¹⁷ Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it." Prayer idea: Lord help me have the heart, trust and joy of a child. Knowing always that You are only interested in my benefit and safety. And that at the right time my hopes will be fulfilled when they align with Your will

Day 3) Matthew 6:33 (ESV)

³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Prayer idea: Lord there are things that I feel I need however I would never want you to give me anything that would come between us. He me Lord to always seek first Your kingdom.

Day 4) 2 Corinthians 9:8 (NIV)

⁸ And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work.

Prayer idea: I know Lord that you are able and wanting to give me all that is best for me. Let me be a blessing to others with those blessings.

Day 5) Psalm 42:11 (NIV)

¹¹ Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Prayer idea: I thank you God on days that I am feeling sad because I know you have a plan for me and my situation that will be perfect. Help me Lord to have patience and joy while I wait for you to reveal Your glory.

Day 6) 1 Peter 5:7 (NIV)

⁷ Cast all your anxiety on him because he cares for you.

Prayer idea: Dear God I have done everything I know how to do for the situations I am facing. So right now, this very minute I am giving the rest to You to do the part that only You can do. I trust You and I am not going to worry about it any further.

Day 7) Psalm 118:24

24 This is the day that the LORD has made; let us rejoice and be glad in it.

Prayer idea: Precious God, I look around me at all the beauty You created in the world. From warm sun to nourishing rain, from snow crystals to all the beautiful creature that inhabit this world with us. Thank you Lord I know you made it all for me to enjoy and I won't take it for granted.

Day 8) Philippians 4:7 ⁷

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Prayer idea: Lord God who created the earth and stars, how amazing that you made me too and chose me to be your child. I trust in your love and in the sacrifice of Jesus so much that I am confident that from the beginning you have had a plan for my life and that we will finish what we started in victory.

Hope of Accomplishment in God

Pray these scriptures that God can uses you in a mighty way

Day 9) Philippians 4:13-17 (NIV)

¹³ I can do all this through him who gives me strength.

Prayer idea: Whether I am at work or at home, healthy or under the weather You are my strength and I will serve You always.

Day 10) 2 Timothy 1:7 (NIV)

⁷ For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.

Prayer idea: I will be bold and unafraid of change and challenge. I will work and live with integrity to Your glory every day.

Day 11) 2 Timothy 3:16-17 (NIV)

¹⁶ All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, ¹⁷ so that the servant of God^[a] may be thoroughly equipped for every good work.

Prayer idea: I thank you God that you have given me everything I need in Your word to be prosperous and joyful in any circumstance.

Day 12) Philippians 1:5-6 (NIV)

⁵ because of your partnership in the gospel from the first day until now, ⁶ being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

Prayer idea: You aren't finished with me yet Lord and I can't wait to see how together we are going to have victory.

Day 13) Galatians 5:22-23 (NIV)

²² But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law.

Prayer idea: When those around me are in turmoil let the peace of Your Spirit flow through me and into their lives.

Hope of Healing

Pray these scriptures over illnesses for yourself, your loved ones and for the world and believe in God's promises

Day 14) James 5:6

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

Prayer idea: I am the righteousness of Christ before you God, hear my prayer for...

Day 15) James 5:14-15

"Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven."

Prayer idea: Today Lord God I am praying for_____I am praying for them in agreement with my brothers and sister in Christ that you will heal them and save their soul.

Day 16) Exodus 23:25

Worship the LORD your God, and his blessing will be on your food and water. I will take away sickness from among you..."

Prayer idea: Many times in Your Word Lord God you have healed the sick. Above all thing You want us to be in good health. I am lifting _____ up to you today to bless them with healing.

Day 17) Isaiah 53: 4-5

"Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed."

Prayer idea: Thank you Lord that by Jesus stripes I have been healed. I wait expectantly for my health to be complete.

Day 18) Jeremiah 30:17

"But I will restore you to health and heal your wounds,' declares the LORD"

Prayer idea: Restore my health Lord God that I may love You and serve You here on earth all of my days.

Day 19) Isaiah 38: 16-17

"You restored me to health and let me live. Surely it was for my benefit that I suffered such anguish. In your love you kept me from the pit of destruction; you have put all my sins behind your back."

Prayer idea: I thank you Lord that my sins are no more. I ask Lord God as your beloved child now for health that I may serve You and enjoy the life that You gave me.

Day 20) Psalm 103:2-4

"Praise the LORD, my soul, and forget not all his benefits - who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion."

Prayer idea: I thank you Lord that you have healed my sickness and forgiven my sins. Know now Lord that I seek to bless you with my love and trust always.

Day 21) Psalm 41:2-3

"The LORD protects and preserves them— they are counted among the blessed in the land - he does not give them over to the desire of their foes. The LORD sustains them on their sickbed and restores them from their bed of illness."

Prayer idea: As you have done for Your people from the beginning Lord let my healing be complete here on earth that I may live under Your love and protection from this day forward.

Day 22) Mathew 4:23

23 Jesus went all over Galilee, teaching in the synagogues, preaching the Good News about the Kingdom, and healing people who had all kinds of disease and sickness.

Prayer idea: Thank you God for my salvation through Jesus now please Lord let me be free from illness in the name of Jesus Christ.

Day 23) Matthew 9:35 [Jesus Has Pity for the People] Jesus went around visiting all the towns and villages. He taught in the synagogues, preached the Good News about the Kingdom, and healed people with every kind of disease and sickness.

Prayer idea: Have pity on me Lord and heal my health and my life

Day 24) Philippians 4:19

"And my God will meet all your needs according to the riches of his glory in Christ Jesus."

Prayer idea: Thank You God that you meet my needs every day.

Hope for Those We Love Who Don't Know the Lord

We will pray these scriptures over our friends and loved ones and have hope

Day 25) Acts 26:18

¹⁸ to open their eyes and turn them from darkness to light, and from the power of Satan to God, so that they may receive forgiveness of sins and a place among those who are sanctified by faith in me.'

Prayer idea: Yes Lord please open their eyes and put worker in their fields to share the good news that in Christ all their sins are gone and Heaven awaits them.

Day 26) Ephesians 2:8-10

For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast. For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Prayer idea: Thank you for reminding me Lord that You made them for a purpose and that You love them and that you won't rest until they come to you.

Day 27) Ezekiel 11:19-20

"I will give them an undivided heart and put a new spirit in them; I will remove from them their heart of stone and give them a heart of flesh. Then they will follow My decrees and be careful to keep My laws. They will be My people, and I will be their God.

Prayer idea: God, create in my loved ones a new spirit and forgive them Lord that they might be with us in Heaven.

Day 28) Luke 15:7

In the same way, I tell you, there will be more **joy** in heaven over one sinner who repents than over ninety-nine respectable people who do not need to repent.

Prayer idea: You know how much I love them Lord and I am ready and waiting to rejoice with You when they are saved at last.

Day 29) Acts 4:12

Salvation is found in no one else, for there is no other name under heaven given to mankind by which we must be saved

Prayer idea: Praise Jesus that he died for me and for them. Let them see His sacrifice and know His grace

Day 30) Romans 5:8

But God demonstrates his	own love for us in this: While we were still sinners, Christ died for us.
Prayer idea:	is on my heart today Lord and before I despair their soul I remind myself You
loved them that much mo	re.

Day 31) Romans 8: 38-39

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Prayer idea: You loved them when you created them Lord and You love them now. I pray Lord that before they leave this earth their eyes will be opened and their heart will understand.

Day 32) Revelations 3;20

"Here I am! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in and eat with that person, and they with Me."

Prayer idea: I pray the You give them ears to hear

Day 33) Jeremiah 29:13

"You will seek Me and find Me when you seek Me with all your heart."

Prayer idea: I pray for my loved ones that you will put 2 million people in their path on this earth who will encourage them to knock.

Day 34) 1 John 1:9

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Prayer idea: Forgiveness is like a gift setting on their table, I pray Lord that we can encourage their heart to pick it up and open it.

Day 35) Galatians 2:20

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave Himself for me

Prayer idea: Praise You Jesus that You gave Your life so we can live. I pray that for _____too today and everyday until their come to the knowledge of You.

Day 36) John 10:7-9

Therefore, Jesus said again, "Very truly I tell you, I am the gate for the sheep. All who have come before Me are thieves and robbers, but the sheep have not listened to them. I am the gate; whoever enters through Me will be saved."

Prayer idea: Today I am entrusting You Jesus with my loved one. You are a wonderful Shepheard and You will not give up until You find them.

Day 37) Ephesians 1:18-19

18 I ask that your minds may be opened to see his light, so that you will know what is the hope to which he has called you, how rich are the wonderful blessings he promises his people, 19 and how very great is his power at work in us who believe. This power working in us is the same as the mighty strength

Prayer idea: Open their minds to know the purpose you planned for them before they were even born Lord and let Your strength flow through me to help thme in whatever way I can.

Day 38) John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Prayer idea: I thank you Lod God that You came for me, and I thank you even more that you came for ______too.

Day 39) Luke 15:5-7

- 5 One day when many tax collectors and other outcasts came to listen to Jesus, 2 the Pharisees and the teachers of the Law started grumbling, "This man welcomes outcasts and even eats with them!" 3 So Jesus told them this parable:
- 4 "Suppose one of you has a hundred sheep and loses one of them—what do you do? You leave the other ninety-nine sheep in the pasture and go looking for the one that got lost until you find it. 5 When you find it, you are so happy that you put it on your shoulders 6 and carry it back home. Then you call your friends and neighbors together and say to them, 'I am so happy I found my lost sheep. Let us celebrate!' 7 In the

same way, I tell you, there will be more joy in heaven over one sinner who repents than over ninety-nine respectable people who do not need to repent.

Prayer idea: I take great peace in knowing how deeply You love and how diligent you search for those you love. Together we will never tire in that search so in heaven there will be joy abounding.

Day 40) Luke 15 8-10

8 "Or suppose a woman who has ten silver coins loses one of them—what does she do? She lights a lamp, sweeps her house, and looks carefully everywhere until she finds it. 9 When she finds it, she calls her friends and neighbors together, and says to them, 'I am so happy I found the coin I lost. Let us celebrate!' 10 In the same way, I tell you, the angels of God rejoice over one sinner who repents."

Prayer idea: Help me Lord to repent quickly and seek you urgently that my joy and peace can inspire others to look for You too.

Day 41) Luke 15:30-31

30 But this son of yours wasted all your property on prostitutes, and when he comes back home, you kill the prize calf for him!' 31 'My son,' the father answered, 'you are always here with me, and everything I have is yours. 32 But we had to celebrate and be happy, because your brother was dead, but now he is alive; he was lost, but now he has been found." Luke 15: 30-31

Prayer idea: I thank you Lord that there is no sin too large for you to forgive us.

Day 42) Psalm96:2

2 Sing to the Lord, and praise him!

Proclaim every day the good news that he has saved us.

Prayer idea: Jesus is Lord and He loves us all every day. Let all people see this fact and be saved.

Day 43) Isaiah 52:7

How wonderful it is to see a messenger coming across the mountains, bringing good news, the news of peace! He announces victory and says to Zion, "Your God is king!"

Prayer idea: When You put it on my heart to share your story with someone you love Lord let their hearts be glad to hear it and respond.

Day 44) Isaiah 61:1

The Sovereign Lord has filled me with his Spirit. He has chosen me and sent me to bring good news to the poor, To heal the broken-hearted, To announce release to captives And freedom to those in prison.

Prayer idea: I see so many broken-hearted in the world around me God chained to their pain and addictions. I pray You set them free and let me help in what ever way I can to your Glory.

Hope for our Finances

We will pray these scriptures over our hearts and our finances and our obedience will produce Hope

Day 45) Proverbs 13:11

Wealth gained hastily will dwindle, but whoever gathers little by little will increase it.

Prayer idea: Help me Lord God to enjoy working hard, as done to You and let me have a patient spirit while I get my finances in order

And he said to them, "Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions

Prayer idea: I pray God that I will consider before buying things I don't need and can't afford:

Day 47) Luke 14:13-14

"No servant can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and money." The Pharisees, who were lovers of money, heard all these things, and they ridiculed him.

Prayer idea: I pray Lord God that I will be vigilant that I won't ever put money ahead of You or my family

Day 48) 1 Timothy 5:8

But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever.

Prayer idea: I thank you God that by simply asking in prayer for wisdom, I will know exactly how and when to be generous to our family.

Day 49) Luke 14: 28-30

"For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it begin to mock him, saying, 'This man began to build and was not able to finish.'

Prayer idea: I promise you Lord that before I spend the blessings that You have given me stewardship of I will pray for wisdom and count the costs before spending.

Day 50) Hebrews 13:5

Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you."

Prayer idea: I pray to You Lord that as a representative of Christ I will always operate in integrity.

Day 51) Proverbs 27:23

Know well the condition of your flocks, and give attention to your herds

Prayer idea: Thank you Lord for the wisdom and a desire to live within our means help me always Lord to make a budget that pleases You.

Day 52) Revelations 3:17

For you say, I am rich, I have prospered, and I need nothing, not realizing that you are wretched, pitiable, poor, blind, and naked.

Prayer idea: When it comes to our finances we will seek God first because we know and understand that without God nothing else matters for eternity.

Day 53) Deuteronomy 28:12

The Lord will open to you his good treasury, the heavens, to give the rain to your land in its season and to bless all the work of your hands. And you shall lend to many nations, but you shall not borrow.

Prayer idea: Dear Lord give me wisdom that I will not run up credit cards or borrow to live beyond my needs

Day 54) Proverbs 22:1

A good name is to be chosen rather than great riches, and favor is better than silver or gold.

Prayer idea: Help me Lord represent You well in my finances and how I conduct my dealing with others.

Hope for a Joyful Life

Day 55) Genesis 21:5-7

5 Abraham was a hundred years old when Isaac was born. 6 Sarah said, "God has brought me joy and laughter. Everyone who hears about it will laugh with me." 7 Then she added, "Who would have said to Abraham that Sarah would nurse children? Yet I have borne him a son in his old age."

Prayer idea: As I look back at your work in my life Lord God I am reminded that You are always working to bring me to my best life.

Day 56) Deuteronomy 16:11

Be joyful in the Lord's presence, together with your children, your servants, and the Levites, foreigners, orphans, and widows who live in your towns. Do this at the one place of worship.

Prayer idea: Thank you Lord for my church and my fellow citizens of heaven that we can gather joyfully and Glorify You.

Day 57) Deuteronomy 16:15

Honor the Lord your God by celebrating this festival for seven days at the one place of worship. Be joyful, because the Lord has blessed your harvest and your work.

Prayer idea: I thank you God that you bless my work and my family and I pray that anyone who see this will be filled with wonder and drawn to Your Son and His Grace

Day 58) Luke 24:40-42

40 He said this and showed them his hands and his feet. 41 They still could not believe, they were so full of joy and wonder; so he asked them, "Do you have anything here to eat?" 42 They gave him a piece of cooked fish,

Prayer idea: I marvel Jesus that you took death with beatings and crucifixion that I could be forgiven and dwell in the house of the Lord.

Day 59) Acts 2:28

28 You have shown me the paths that lead to life, and your presence will fill me with joy.'

Prayer idea: Dearest Lord everyday you guide my steps so that you might lead me to joy. I pray Lord that I will always be quick to follow Your heart.

Day 60) Romans12:12

Be joyful in hope, patient in affliction, faithful in prayer.

Prayer idea: Dear God just knowing that you will heal this situation and then make beauty of the ashes I feel great anticipation of the outcome because I am convinced of your love for me in Christ Jesus.

Day 61) Galatians 5:22

But the Spirit produces love, joy, peace, patience, kindness, goodness, faithfulness,

Prayer idea: I thank you Lord for giving me the Spirit whose fruit as I master it brings joy and peace to my life.

Day 62) Philippians 4:4

May you always be joyful in your union with the Lord. I say it again: rejoice!

Prayer idea: Lord God life with You is enough to bring me joy and the knowledge of Heaven to come is even more amazing.

Day 63) Colossians 1:11-12

May you be made strong with all the strength which comes from his glorious power, so that you may be able to endure everything with patience. And with joy give thanks to the Father, who has made you fit to have your share of what God has reserved for his people in the kingdom of light.

Prayer idea: I am in awe of Your love Lord God and that You have reserved a room in your house

Day 64) 1Thessalonians 5:15-17

15 See that no one pays back wrong for wrong, but at all times make it your aim to do good to one another and to all people. 16 Be joyful always, 17 pray at all times,

Prayer idea: I'm not perfect Lord and neither are my friends, family or co-workers but I know that You love us all and so I will do everything in my power to live in peace with everyone and be a blessing to them whenever I can so Your joy can be complete

Day 65) Hebrews 12:2

Let us keep our eyes fixed on Jesus, on whom our faith depends from beginning to end. He did not give up because of the cross! On the contrary, because of the joy that was waiting for him, he thought nothing of the disgrace of dying on the cross, and he is now seated at the right side of God's throne.

Prayer idea: Thank you Lord for reminding me that even when Jesus was facing pain and death he felt joy knowing that he would be with you again and that through his sacrifice we could be there too.

Day 66) Hebrews 12:23

You have come to the joyful gathering of God's first-born, whose names are written in heaven. You have come to God, who is the judge of all people, and to the spirits of good people made perfect.

Prayer idea: I praise You God that my name is written in Heaven.

Day 67)1 Peter 1:7-9

7 Their purpose is to prove that your faith is genuine. Even gold, which can be destroyed, is tested by fire; and so your faith, which is much more precious than gold, must also be tested, so that it may endure. Then you will receive praise and glory and honor on the Day when Jesus Christ is revealed. 8 You love him, although you have not seen him, and you believe in him, although you do not now see him. So you

rejoice with a great and glorious joy which words cannot express, 9 because you are receiving the salvation of your souls, which is the purpose of your faith in him.

Prayer idea: Let me pass my tests whatever they might be Lord and let me make You glad You chose me from the billions of people that have roamed the earth through time to be your beloved child.

Day 68) 1 John 1:3-5

3 What we have seen and heard we announce to you also, so that you will join with us in the fellowship that we have with the Father and with his Son Jesus Christ. 4 We write this in order that our joy may be complete 5 Now the message that we have heard from his Son and announce is this: God is light, and there is no darkness at all in him. 1 John 1:3-5 Good News Translation (GNT)

Prayer idea: You are Light to the earth Jesus, let me shine too through these dark times and bring joy to Your people.

Day 69) Jude 24-25

24 To him who is able to keep you from falling and to bring you faultless and joyful before his glorious presence— 25 to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, might, and authority, from all ages past, and now, and forever and ever! Amen.

Prayer idea: I can only imagine Lord God the joy I will feel when I can finally see the Face my heart has loved for so long.

Hope for Peace

Day 70) Philippians 4:7

And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus.

Prayer idea: I thank you God that my trust in you is so deep that even when I don't understand what is going on I know that Your hand is on the situation and it will all be right in the end.

Day 71) Isaiah 9:6

A child is born to us! A son is given to us! And he will be our ruler. He will be called, "Wonderful Counselor," "Mighty God," "Eternal Father," "Prince of Peace.

Prayer idea: I thank You God that Your Son Jesus did come and has made me righteous before You

Day 72) Romans 14:17

For God's Kingdom is not a matter of eating and drinking, but of the righteousness, peace, and joy which the Holy Spirit gives.

Prayer idea: I pray thanks that the Spirit is in me providing trust in Your purpose and Peace of mind in any circumstance.

Day 73) Romans 15:13

May God, the source of hope, fill you with all joy and peace by means of your faith in him, so that your hope will continue to grow by the power of the Holy Spirit.

Prayer idea: I praise You God for your peace that grows with my love and trust in Your Son.

Day 74) Romans 16:19-21

19 Everyone has heard of your loyalty to the gospel, and for this reason I am happy about you. I want you to be wise about what is good, but innocent in what is evil. 20 And God, our source of peace, will soon crush Satan under your feet.

Prayer idea: Lord God let me be known as someone who live and serves my heavenly Father I thank you Lord that we have already won the battle and now I just need to finish strong in your grace and love.

Day 75) 1Thessalonians 5:23

May the God who gives us peace make you holy in every way and keep your whole being—spirit, soul, and body—free from every fault at the coming of our Lord Jesus Christ.

Prayer idea: Thank you lord that I have peace as Your child own because Christ has made me complete.

Day 76) Hebrews 13:20-21

God has raised from death our Lord Jesus, who is the Great Shepherd of the sheep as the result of his blood, by which the eternal covenant is sealed. May the God of peace provide you with every good thing you need in order to do his will, and may he, through Jesus Christ, do in us what pleases him. And to Christ be the glory forever and ever! Amen.

Prayer idea: Father I acknowledge Your peace for me knowing that You are my God, my Father in Christ, who loves me and knows what I need and will provide for me always.

Day 77) Psalm 94:19

When anxiety was great within me, your consolation brought me joy

Prayer idea: Lord when my life seems to be going in a bad direction let me remember that you are at work to give me joy and bring me home.

Day 78) Psalm 46:10

Be still and know that I am God

Prayer idea: Quiet my mind in troubles and busy times that I may sit with you can feel your hand on my shoulder.

Day 79) Matthew 11:28-30

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light."

Prayer idea: I thank you God that when I trust in you completely You give rest to my soul and my mind.

Day 80) 1 Peter 5:6-7

⁶ Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. ⁷ Cast all your anxiety on him because he cares for you.

Prayer idea: Although many things may come at me today to challenge me and those that I love I know You love us more than we can even comprehend and You have the power to protect us and keep us safe.

Day 81) Psalm 62:5-7

⁵Yes, my soul, find rest in God;

my hope comes from him. ⁶ Truly he is my rock and my salvation;

he is my fortress, I will not be shaken. My salvation and my honor depend on God[a]; he is my mighty rock, my refuge.

Prayer idea: Knowing that no matter what happens in the world Lord God, You are in control and my life is safe through time and eternity.

Day 82) Proverbs 3:5-6

⁵Trust in the LORD with all your heart and lean not on your own understanding; ⁶in all your ways submit to him, and he will make your paths straight.^[a]

Prayer idea: Help me God not to resist Your guidance. Let your rod and your staff comfort me and keep my feet from straying.

Day 83) Deuteronomy 31:8 (NIV)

⁸The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

Prayer idea: God I take such peace in Your promise to never leave me. Even when I don't see where a situation is going I know you are working in my life with a wonderful plan.

Hope for a Better Love Walk Towards Ourselves and Others

Day 84) Psalm 139:14 (NIV)

14 I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Prayer idea: I thank you God that from the beginning you knew who I would be and you loved me

Day 85) Ephesians 2:10 N(NIV)

¹⁰ For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Prayer idea: I thank you God for your Son through whose strength I will finish my purpose here on earth.

Day 86) Romans 8:28 (NIV)

²⁸ And we know that in all things God works for the good of those who love him, who^[a] have been called according to his purpose.

Prayer idea: Strengthen me Lord God when things around me don't seem to be working out and remind me that you can take any situation and make something beautiful come from it.

Day 87)_1 Corinthians 13:4-7 (NIV)

⁴Love is patient, love is kind. It does not envy, it does not boast, it is not proud. ⁵ It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. ⁶ Love does not delight in evil but rejoices with the truth. ⁷ It always protects, always trusts, always hopes, always perseveres.

Prayer idea: Help me God to forgive and love the way you forgive and love and demonstrated so perfectly when you sent your Son.

Day 88) Philippians 4:8 (NIV)

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Prayer idea: Dearest Father, let me see the beauty in people and in this world. Knowing that you love them all and that you have put me here right now as your ambassador.